

**HEALTH AND WELL-BEING BOARD
5 DECEMBER 2017****WORCESTERSHIRE'S TRANSFORMATION PLAN FOR
CHILDREN AND YOUNG PEOPLE'S EMOTIONAL
WELLBEING AND MENTAL HEALTH – AUTUMN 2017
REFRESH**

Board Sponsor

Simon Trickett, Accountable Officer
NHS Redditch and Bromsgrove Clinical Commissioning Group
NHS South Worcestershire Clinical Commissioning Group
NHS Wyre Forest Clinical Commissioning Group

Author

Philippa Coleman, Interim Lead Commissioner Children's Community Health Services

Priorities

(Please click below
then on down arrow)

Good Mental Health and Well-being throughout life	Yes
Being Active at every age	No
Reducing harm from Alcohol at all ages	No
Other (specify below)	

Groups of particular interest

Children & young people	Yes
Communities & groups with poor health outcomes	No
People with learning disabilities	No

Safeguarding

Impact on Safeguarding Children	No
If yes please give details	

Impact on Safeguarding Adults	No
If yes please give details	

Item for Decision, Consideration or Information

Decision

Recommendation**1. The Health and Well-being Board is asked to:**

- (a) Approve the refreshed Transformation Plan and continue to support its development and implementation; and**
- (b) Note this transformation plan will be implemented as part of the programme of work under the HWB Strategy priority of improving mental**

health and well-being.

Background

2. The Department of Health and NHS England published Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing, in 2015. This document signalled a national focus on addressing mental health issues for young people and the requirement for each area to publish a 5 year Transformation Plan for children and young people's emotional wellbeing and mental health. First published in 2015, these Transformation Plans have thereafter been refreshed on an annual basis and submitted to NHS England for assurance.

3. In addition to this, a local needs assessment highlighted several areas for improvement, including investing in the children's workforce to address emotional wellbeing at an earlier stage and investing in a Tier 2 service to avoid the need for specialist mental health services.

4. Attached is the refreshed Worcestershire Transformation Plan, outlining achievements to date and future intentions. Whilst the original plan was primarily focused on setting out a bold and wide reaching vision, and the 2016 refresh updating on planning and early phases of implementation, this version demonstrates that Worcestershire has made significant progress in turning its plan to improve the emotional wellbeing and mental health of children and young people in to reality.

5. Achievements over the past 12 months include:

- Reduction in the number of admissions of children and young people to tier 4 inpatient CAMHS services
- Implementation of new services including community eating disorders team, and face to face and online emotional wellbeing and counselling services
- Launch of CAMHS CAST (consultation, advice, support and training) team providing support to schools, colleges and other universal services working with children and young people who are having difficulties with their emotional wellbeing or mental health
- Launch of schools and colleges emotional wellbeing toolkit, giving comprehensive guidance and advice to support a whole school/setting approach including clear referral routes to other services.
- Youth Mental Health First Aid and new Self Harm and Young People training courses offered free to a range of people working with young people.
- Increase in clinical psychology time in the integrated service for looked after children (ISL) team.

6. In future years our intention will be to see further improved outcomes as a result of the investments and service developments implemented and sustainability of these services.

Legal, Financial and HR Implications

Financial implications	Continued investment in children and young people's emotional wellbeing and mental health
HR Implications	Some redesign and recruitment across providers

	(the main provider being the Health and Care Trust).
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Equality and Diversity Implications

An Equality Relevance Screening has been carried out in respect of these recommendations. It identified that further equality impact analysis will be required in respect of designing services relating to emotional wellbeing and mental health.

Contact Points

County Council Contact Points

County Council: 01905 763763

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Specific Contact Points for this report

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Supporting Information

Appendix 1 – Refreshed Transformation Plan for Children and Young People's Emotional Wellbeing and Mental Health